

Who we are

The Josh Carrick Foundation aims to become one of the leading contributors to testicular cancer research in the UK. Underpinning this ambition is an extraordinary group of people united in the common purpose of alleviating the suffering which testicular cancer inflicts.

Before succumbing to testicular cancer aged 23, having graduated from Nottingham University with a 2:1 in Computer Science, Josh Carrick was due to begin an exciting career at IBM, a company that has been central to the technological developments of the human race. Josh believed in the ability of science and technology to effect positive change and with this in mind, the charity will inject funding directly into some of the most promising fields of research.

Josh was a truly wonderful and popular person who left a lasting impression on all who met him. His smile said it all. He had a great joy and passion for life. He showed this through his love of music and partying – as many of his school and university friends will testify.

By drawing on the expertise of 12 Trustees (9 of the trustees being Nottingham University Alumni) and in partnership with Cancer Research UK and the University of Nottingham, we believe that we can become a significant force in the international fight against testicular cancer. With your help, we can have a lot of fun and stamp out this awful disease forever.



The
Josh
Carrick
Foundation

Stepping up research into cancer

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thejoshcarrickfoundation.org

Events 2013



2013 was a fantastic year for us and we were lucky enough to hold some truly spectacular events:

The Pub Quizzes

We had our 3 pub quizzes that we run every four months throughout the year. In total for these events we raised in excess of £5,000

Estates Gazette London Question Time

The Josh Carrick Foundation was the charity partner of Estates Gazette London Question Time and attendees who made a donation to the charity were treated to a trip up The Shard, taking in the sights from the viewing platform on the 68th floor. Over £2,000 was raised for the foundation.

BHS Luton

Saturday July 20th marked the start of BHS Luton's bid to help The Josh Carrick foundation raise that little bit of extra money to help with cancer research. Josh worked in BHS Luton whilst he was in 6th form so it was great to get some involvement and raise our awareness in Josh's home town! We raised £112.19 and ate some great cakes!!

London to Brighton

In September we had over 50 riders taking part in the annual Do It for Charity London to Brighton Bike Ride. This was our second ride and a real milestone for us to get so many people with Josh Carrick Foundation Shirts riding! The ride was a hugely successful event for the foundation. We had 53 riders and with gift aid raised in excess of £20,000 so it became our single biggest fundraising event to date.

First Inaugural Charity Dinner

That was until we held our first inaugural charity fundraising dinner at The Royal College of Physicians, where we also raised in excess of £21,000. We had 160 guests join us for a fantastic meal and charity auction. We were particularly proud to have Dr Erik Sahai and Professor Gordon Rustin in attendance. Both gave speeches on the projects our fundraising supports, giving our supporters a first-hand account of how we are using their money to fund world class research. As well as the speeches the night included a sumptuous three course meal, a game of heads and tails, a silent auction and just for good measure a live auction!

November

Every November we get many many men willing to support a furry little friend on their top lip, in support of the foundation for Movember. We had Over 150 participants and raised an absolutely incredible £8,500 – our most successful Movember to date!

Global

And this year our fundraising went global!!! At the recent inaugural Asia Property Hong Kong Open, The Foundation was chosen as the charity of choice for an auction for a weekend break with specialist golf tour company. The auction raised over \$HK 5,500 and featured in the magazine.

What we do



Professor Gordon Rustin

The Josh Carrick Foundation is also proud to be able to support Professor Gordon Rustin's research. Prof Rustin is the lead clinician for testicular cancer at the Mount Vernon Cancer Centre.

Not only did Josh receive a high standard of care at Mount Vernon under Professor Rustin's care, Professor Rustin is highly regarded within his profession. He was made director of Medical Oncology at Mount Vernon Hospital in 1995, was awarded Honorary Professorship by UCL in 2001 and, in 2011, was made the Professor of Cancer Therapy at the Institute of Cancer Research.

He has published over 300 papers on management of gynaecological cancers and germ cell tumors, the use of tumor markers, especially CA 125, and on phase I, II and III trials. Furthermore, he has led the world by introducing functional imaging as a tool to determine the activity of vascular disrupting agents.

"I am extremely grateful to the Josh Carrick Foundation for helping to fund the clinical trials I am conducting. Just over half of the patients with cancer of the testicle have a type of cancer called seminoma. The standard chemotherapy given to patients whose cancer has spread has been a combination of Bleomycin, Etoposide and Platinum called BEP. Although this chemotherapy can cure over 90% of patients even with advanced disease, it has many side effects, some of them long lasting and most patients require admission to hospital for up to 15 days in order to receive treatment. This can be distressing for both the patient and their families.

We are therefore very grateful that the Josh Carrick Foundation has agreed to fund the expensive extra PET-CT scans."

Professor Gordon Rustin

"On behalf of my team, I would like to extend a huge thank you to Josh Carrick Foundation for their donation towards funding the work of my laboratory. Your support is helping us to continue our vital research, which is focused on a better understanding why cancer spreads and why existing therapies sometimes fail. This information will enable us to better understand how we might target the spread of cancer with existing drugs, and how we can design new ways to ensure that cancer therapies do not fail."

Dr Erik Sahai



Dr Erik Sahai

Dr Erik Sahai is a dynamic researcher who heads the Tumour Cell Biology Lab at Cancer Research UK London Research Institute. He is an expert in how cancer spreads. Dr Sahai's groundbreaking research will open new doors to finding ways to stop cancer in its tracks and improve survival for patients.

In 2009, Dr Sahai made a pioneering discovery finding genes whose activity could be blocked by drugs to stop the spread of breast cancer. He also won the prestigious Hooke medal, which is awarded to emerging leaders in cell biology in the UK, and was selected as an EMBO Young Investigator in 2008.

The Josh Carrick Foundation is proud to support Dr Erik Sahai's work at the London Research Institute. We have already donated £40,000 to Erik's research team, who are using cutting edge technology to tackle metastasis.

**For a more detailed explanation of his work visit our website:
www.thejoshcarrickfoundation.org**

In Summary

Since becoming a registered charity we have raised in excess of £170,000 in approximately 16 months. This has been down to the hard work, drive and determination of the trustees to keep Josh's memory alive and use the fighting and unselfish spirit that he showed throughout his illness to continue to raise awareness and fight the battle to eradicate testicular cancer.

Our supporters and fundraisers have been truly magnificent in raising our profile and have offered fantastic continued support through the fundraising activities that they have been involved in. We have been lucky enough to secure 5 places in the Virgin London Marathon this April where we aim to raise a minimum of £10,000.

We also have a number of other fundraising events and awareness campaigns planned throughout the year on top of our established events. We aim to continue funding our two current projects and we are currently short-listing a new project to fund in the first quarter of this year.



Stay in touch

We would love to hear from you with feedback from tonight or on any of our other events, as well as any ideas you may have regarding taking the foundation forwards:

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thejoshcarrickfoundation.org



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